**Application Education The Danger Cigarette Smoke To Increase Knowledge Of Pregnant Women In The Working Area Putri Ayu Health Center**

Mardiana ( Tahun 2024 )

D-III Nursing Study Program

 Garuda Putih Jambi College of Health Sciences

Ns. Dormina, S.Kep, MKM \*\* Ns. Tri Wahyuni, M.Kep

 E-mail: nanamrdn22@gmail.com

 **ABSTRACT**

 **Introduction:** Exposure to cigarette smoke is one of the causes of many respiratory diseases and other problems. Other diseases that can be caused by pregnant women include LBW (low birth weight), prematurity, cognitive disorders in babies born, miscarriage, and so on. The environmental influence of smokers is very dangerous because 75% of cigarette smoke will be inhaled by pregnant women and it can be said that the risk is high if exposed to cigarette smoke which causes the effects of pregnant women to become a dangerous factor for the fetus.

**Objective:** The objective of this research is to increase pregnant women's knowledge about the dangers of cigarette smoke on pregnancy

**Method:** This research uses a descriptive method. This sample study was 1 respondent who had insufficient knowledge. By using a questionnaire measuring instrument on respondents to see the respondents' knowledge about the dangers of cigarette smoke

**Results:** Based on the research results, the level of knowledge about the dangers of cigarette smoke on pregnant women in Mrs.H with a score of 50 and after providing education on the dangers of cigarette smoke to pregnant women, a score of 90 was obtained

**Conclusion:** After application education on the dangers of cigarette smoke on pregnancy, the result was an increase in knowledge with Mrs. H's results before application education knowledge 50% (bad) and after application education knowledge 90% (good).

**Suggestion:** expected that it can be used as input for pregnant women regarding the application of education on the dangers of cigarette smoke to pregnant women.

**Keywords:** Education, The dangers of cigarette smoke, pregnant women.

**References:** 2 books (2017-2023), 6 journals (2019-2023).