**APPLICATION OF VIRGIN COCONUT OIL (VCO) IN CHILDREN WITH MALARIA RUBRA IN THE WORKING AREA**

**OF PUTRI AYU HEALTH CENTER**

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# ABSTRAK

**Introduction** : Miliaria is a benign skin disorder that often occurs in hot temperatures and high humidity, resulting in excessive sweating and sufferers seeking treatment only to reduce itching. This condition is usually accompanied by itching and a sensation like being stung or prickled on the skin..

**Objective :**  The aim of this study was to determine the application of Virgin Coconut Oil (VCO) in children with Miliaria Rubra.

**Method:** This descriptive study was conducted 5 consecutive days with a 20 minute VCO application time. The research subject was one patient at the Putri Ayu Public Health Center..

**Results :** The results of the study by the authors related to the application of Virgin Coconut Oil (VCO) on An.G showed changes in prickly heat after VCO was applied for 20 minutes over 5 consecutive days.

**Conclusion** : It can be concluded from the results of this study that the application of Virgin Coconut Oil on children with Miliaria Rubra can reduce itching.The application was carried out for five consecutive days with a focus on nursing care for An.G who experienced miliaria rubra.

**Recommendation:** It is hoped that this research can be used by parents of patients as an alternative if their child suffers from prickly heat.

**Keywords :** Children, Virgin Coconut Oil (VCO), Miliaria Rubra.

**References :** Books: 6 (2010-2021) Journals: 21 (2013-2024).