**PROVING EDUCATION ABOUT STIMULATING GROSS MOTOR DEVELOPMENT TO THE KNOWLEDGE OF MOTHERS WITH CHILDREN AGED 1 YEAR IN THE WORKING AREA OF THE PUKESMAS BESAR CITY OF JAMBI**

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**ABSTRACT**

**Introduction:** Gross motor skills are developments related to aspects of a child's ability to carry out movements and body postures involving large muscles such as lying on his stomach, sitting, walking and so on.

Stimulation is a stimulus that comes from the child’s individual environment.

**Objective:** To apply the provision of education about stimulating gross motor development to the knowledge of mothers with children aged 1 year.

**Method:** This type of research uses a descriptive method (Quasi Experiment), namely research that is used to analyze data by describing or illustrating the data. The research subject in the study was one respondent. The data collection method is by observation.

**Results:** this research was conducted for 3 days, 1 respondent with a problem with the level of knowledge regarding gross motor development at the first meeting obtained a knowledge level score of 50% (Poor) and after being given education there was an increase in knowledge, namely 80% (Good).

**Conclusion:** After providing education about stimulating gross motor development to mothers' knowledge in children aged 1 year, there was an increase in maternal knowledge about stimulating motor development in children aged 1 year with a score of 80% (good).

**Suggestion:** As a reference in providing counseling to parents regarding the importance of mothers' knowledge about stimulating gross motor development towards mothers' knowledge of 1 year old children.

 **Keywords:** Education, Respiration Rate, Motor development in 1 year old children

 **Reference: 6 Books ( 2026-2023, 14 books ( 2021-2023)**