**HEALTH EDUCATION OF HOT WATER STEAM THERAPY USING Eucalyptus Oil to Family with Respiratory Tract Infections at Children Polyclinic**

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**ABSTRACT**

**Background** Acute Respiratory Infection (ARI) is a disease that often occurs in the community and is considered normal or not dangerous. This disease is caused by a virus or bacteria that is usually contagious so that it can cause a wide spectrum of disease that ranges from asymptomatic disease to severe and deadly disease , depending on the causative pathogen, environmental factors and host factors.

**Purpose:** In general, this writing aims to provide real experience for writers and to be able to carry out nursing care for children suffering from ARI with health education hot steam therapy using eucalyptus oil in families of children with ARI at the children's polyclinic , dr . Bratanata Jambi.

**Method:** This type of research is descriptive with a case study method to find out how the level of knowledge in the patient's family is regarding health education on hot steam technique using eucalyptus oil, the approach used is to provide health education about hot steam therapy using eucalyptus oil on families of children with ARI.

**Results:** In this section the author discusses health education on Hot Water Steam Therapy Using Eucalyptus Oil for parents whose children have ARI . The discussion that has been prepared is in accordance with the stages of the nursing process which includes assessment, nursing diagnoses, nursing interventions, nursing implementation, and evaluation or patient progress notes.

**Conclusion :** . The results obtained by the respondent / Mrs. S can be concluded that the level of knowledge is good about respiratory diseases and hot steam therapy using eucalyptus oil.

**Suggestion:** It is better to implement health education on hot steam therapy using eucalyptus oil for families exposed to respiratory infections

Keywords: health education, hot steam therapy using eucalyptus oil, ISPA.

Reference : 4 Books (2015 – 2021), 10 Journals (2011 – 2022).